

As part of the process of participating in a discussion of the book, we will send you a reflection question for each chapter. You might want to journal on these questions or simply think or pray about them. You are not required to answer these questions. You will not be asked to share your answers to reflection questions with the group. They are for you to do with what you like.

Reflection Question #3

In Chapter #3, James Martin states that "desire" is a key way that God speaks to us. (Your decision to participate in this book study began as a desire.) Martin differentiates between surface wants and our deepest desires, the ones that shape our lives. What are the common ways that these holy desires can manifest themselves in daily life? Which have been at work in your life?

Reflection Question #4

Chapter #4 discusses "Finding God and Letting God Find You." James Martin offers several variations of the "examen" as means to recognize the existence of God already present in our daily life. Begin or continue to pray the examen (any variation) once a day, if possible. Looking at God in retrospect, what surprised you? Does the practice of praying the examen, and the resulting awareness, make it easier for you to notice God's presence more and more in your day?