

As part of the process of participating in a discussion of the book, we will send you a reflection question for each chapter. You might want to journal on these questions or simply think or pray about them. You are not required to answer these questions. You will not be asked to share your answers to reflection questions with the group. They are for you to do with what you like.

Reflection Question #1

In Chapter #1, James Martin names "Finding God In all Things" as one of the four phrases that define Ignatian Spirituality. By this phrase he means that nothing is outside the "spiritual life". "Religious topics" include: nature, music, pop culture, friends, family, work, sex, suffering and joy. There is nothing you have to put in a box and hide. Have you ever thought that certain topics or parts of your life were off limits for prayer. Have you ever felt that "God wouldn't be interested in that" or "I couldn't tell God that"?

Reflection Question #2

Chapter #2 discusses "6 Paths" to God. Which path(s) most closely resembles yours? What specific gifts (advantages) come from being on that path? What the specific dangers or problems are a part of your path?